

# **Additional Information - Loen Fjordsauna**

Welcome to Loen Fjordsauna!

We hope you enjoy a relaxing and memorable time by the fjord.

## **Your booking**

The sauna is private during your booked time and is reserved exclusively for you and your group.

Please stay within your booked time slot and leave the sauna and surrounding area tidy when your booking ends, so everything is ready for the next guests.

## **Before your visit**

The sauna will be fully heated and ready to use when your booking begins. You do not need to adjust the heating or temperature yourself.

If you would like more steam and humidity in the sauna, you may pour small amounts of **fresh water** onto the sauna stones. Please use fresh water only - never seawater.

Please bring your own towel and preferably some drinking water. We also recommend bringing swimwear if you would like to combine your sauna session with a dip in the fjord.

## **Sauna and outdoor area**

The sauna is located right by the fjord, with an adjoining outdoor area where you can relax and enjoy the view before, during and after your sauna session.

Please note that your booking gives you exclusive access to the area only during your reserved time. If you would like to stay by the fjord and keep the area private for longer, you will need to reserve a longer time period.

## **Safety**

Safety rules and important information about using the sauna and surrounding area are provided on site. Everyone in your group must read and follow these instructions.

Swimming and use of the sauna are at your own risk.

## **After your visit**

Before leaving, please make sure the sauna and surrounding area are left tidy and in the same condition as when you arrived.

Thank you for taking care of our special place - and enjoy your time by the fjord!

**Loen Fjordsauna**