

# Instructions, Terms & Conditions

By making this booking, you agree to comply with the following terms and conditions.

- Your booking is only valid for the number of guests stated in the reservation. Bringing additional guests without payment is strictly prohibited. Random checks may occur, and unauthorized guests will result in a NOK 2000 fine.
- Entry to the sauna is only permitted during your booked time slot. Please do not enter before your session starts and ensure you leave on time, as new guests may arrive immediately after your booking.
- No shoes or flip-flops are allowed inside the sauna.
- Alcohol and coloured beverages are not permitted inside the sauna.
- Smoking, vaping, candles or any open flames are strictly prohibited in and around the sauna area.
- Do not place towels, cloths, buckets, clothing or any other objects within 1 meter of the sauna oven. This is an extreme fire hazard and may be considered criminal negligence.
- Only fresh water may be used on the sauna oven. Salt water will damage the oven and will result in a NOK 2000 fine. The water bucket can be filled from the freshwater tank located outside.
- Never dry clothes, towels or other items on or near the sauna oven.
- Please close the glass door properly when entering and leaving the sauna to maintain temperature and prevent damage.
- For hygiene reasons, all guests must sit on a towel while using the sauna.
- Please leave the sauna clean and tidy after use.
- Children under 18 years of age must always be supervised by an adult.
- Sauna use and swimming are entirely at your own risk. Wild Sauna Norway and Aurland kommune cannot be held responsible for accidents, injuries, loss, theft, health issues, or consequences resulting from use of the facilities.
- If you feel dizzy, unwell, uncomfortable or sleepy, leave the sauna immediately.
- Guests are responsible for their own health and physical condition. Do not use the sauna if you are pregnant, under the influence of drugs/alcohol, or have medical conditions that may be affected by heat exposure, unless approved by a medical professional.
- Swimming in the fjord is entirely at your own risk. Water temperatures may be extremely cold. Please use caution when entering the water. A ladder is located on the left side of the dock.
- The beach area to the left belongs to the campsite and must not be used by sauna guests.
- Please be careful on wet, icy and slippery surfaces, especially during darkness or poor visibility.
- You are responsible for locking the sauna after use. Guests may be held financially responsible for damages or incidents resulting from leaving the sauna unlocked.

- Any damage to the sauna, furniture, technical equipment or sauna oven must be reported immediately. Failure to report damage may result in police reporting and financial liability.
- In case of fire or emergency, use the fire extinguisher located in the changing room and contact emergency services if necessary.
- We reserve the right to deny access or remove guests behaving dangerously, irresponsibly, aggressively or in violation of these terms and conditions without refund.
- We do not offer refunds due to change of mind, weather conditions or late arrival. However, we are happy to help reschedule your booking when possible.
- We reserve the right to cancel bookings due to severe weather, technical problems or safety concerns. In such cases, guests will be offered a refund.
- Toilet facilities are available for sauna guests in the barn located on the first right when walking towards Gudvangen. The access code is the same as your sauna code.