

Instructions, terms and conditions

- By making this booking, you are agreeing not to bring more people into the sauna than your booking is valid for. Random checks will occur, and guests without a valid booking will have to pay a NOK 2000 fine.
- No shoes or flip flops are allowed inside the sauna.
- No buckets, cloths, towels or any other items are to be placed within 1meter of the sauna oven.
- If fire occurs use fire extinguisher in the change room.
- You are responsible for locking the sauna. You are liable for any damage as a result of leaving the sauna unlocked.
- Sauna is used at your own risk. Wild Sauna Norway or Aurland kommune cannot be held responsible for errors, shortcomings or consequences.
- If you damage the sauna or the sauna oven you will be held financially responsible
- Children under the age of 18 years old are not allowed in the sauna without being supervised by an adult.
- For hygienic reasons, please bring a towel to sit on.
- Swimming in the fjord is completely and entirely at your own risk. There is a ladder on the left of the dock for safety. Please note the beach to the left is privately owned by the campsite, they have asked us not to use it for swimming.
- If you feel uncomfortable, dizzy or sleepy, leave the sauna room immediately.
- Remember to drink water before, during and after the sauna session.
- Please do not put salt water on the sauna oven. Using salt water on the oven will incur a 2000nok fine. Fresh water only permitted. Water bucket can be filled up from the tank located by the gate.
- Be careful inside the sauna and the outdoor areas to prevent falling. Especially in poor visibility/darkness, and on slippery surfaces.
- There might be new guests arriving when your time is up, so please leave the sauna five minutes early.
- Do not enter the sauna outside of your booking time.
- Our toilet is under construction. In the meantime we have a simple composting toilet. That can be found in the barn on your first right, when walking up the road towards Gudvangen. The code is the same as you use to open the sauna. However, if you prefer a flushing toilet and a shower, that can be found opposite the bakery in Gudvangen.
- We would appreciate it if you leave the sauna clean and tidy. Also, please close the glass door.
- We don't allow refunds due to change of mind. However we are more than happy to reschedule you to another time.